

### Individual

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#### Businesses

Alfred Nickles Bakery, Inc. American Electric Power American Legion of Danville **Ariel Corporation Volunteers Centerburg Fire Department** Community Foundation of Mt Vernon & Knox County Dale's Cardinal Market Danville American Legion **Danville Family Dental** 

**Energy Cooperative Operation** Round Up Foundation, Inc. Fredericktown Fire Department Gordon Foods InfoLink Technologies Interchurch Social Services John Fowler, DDS Kiwanis Club of Mount Vernon **Knox County Head Start Staff Knox County Head Start Parents** Lakeholm Church of the Nazarene Lanning's Foods Loving Guidance, Inc. McFadden's Hot Spot Michelle Carpenter, DDS Miller True Value Mount Vernon Fire Department Mount Vernon News **Nickles Bakery** Ohio Distinguished Young Women Scholarship Program Park National Bank **Rolls-Royce Volunteers** Sanctuary Community Action Smithhisler Foods

David Pressler, DDS

Douglas McLeod, DDS

Thomas Glibert, DDS Village of Gambier Walmart Super Store

In appreciation to Community Supporters that help Knox County Head Start strive to offer quality Head Start and child care programs to the community

and to nearly 475 children and their families annually.

Our heartfelt thanks....

to the individuals, businesses, and organizations who have

contributed cash, goods, and talents in support of

our children and their families.

#### Partner Agencies

Alcohol & Drug Freedom Center Behavioral Healthcare Partners of Central Ohio **Centerburg Schools** Central Ohio Technical College Community Foundation of Mt. Vernon and Knox County Corporation for Ohio Appalachian Development **Danville Schools** East Knox Schools Fredericktown Schools Gambier Community Center Gambier Pythian Sisters Harcourt Parish Interchurch Social Services Kenyon College Canterbury Circle K Delta Kappa Epsilon Fraternity Men's Lacrosse Men's Basketball

#### **Volunteer Services at Knox County Head Start**

COAD For the past several years, The Corporation for Ohio Appalachian Development Foster Grandparent Program has supported our classrooms by placing volunteers with KCHS. During 2012-2013, four volunteers provided 3,350 hours in KCHS' classrooms. This provides valuable service to KCHS classrooms and allows volunteers an opportunity to make a difference in the lives of children as well as to heighten self-esteem for themselves.

Two individuals served by the Knox County Board of Developmental Disabilities have been assisting as aides in child care classrooms one or two days a week for the past several years. This provides valuable services to KCHS classrooms and individuals have the opportunity to gain work skills, to increase their independence, and be active members of the community.



Mount Vernon Students at the Mount Vernon Academy have provided volunteer hours working on the playgrounds at NHEEC and Northgate Centers.

Kenyon College Athletic teams spent many hours washing and waxing buses; the Delta Kappa Fraternity sponsors the annual Shawn Kelly Memorial Holiday Party for Head Start children and their families; and many students volunteer in classrooms.





Kenyon College (Cont'd.) PEAS **Pre-Orientation** Student Affairs Day of Service Women's Basketball Women's Swimming Women's Volleyball Knox County Board of **Developmental Disabilities Knox County Career Center** Knox Community Hospital **Knox County Educational Service** Center Knox County Family and Children First Council **Knox County Health Department** Knox County Juvenile Courts Mount Vernon City Schools Mount Vernon Nazarene University Mount Vernon Seventh-Day Adventist School New Directions Ohio Children's Trust Fund Ohio Department of Job & Family Services Public Libraries of Mount Vernon and Knox County

> United Wav

United Way of Knox County

All artwork by Head Start preschool students



Knox County Head Start, Inc. 11700 Upper Gilchrist Rd—Suite B PO Box 1225-Mt Vernon, OH 43050 740-397-1344



# Our Mission

Committed to the future of Knox County and its changing and diverse needs, Knox County Head Start works in partnership with the community to provide quality preschool, child care, and family services. Our purpose is to engage children, families, and staff in reaching their full potential.

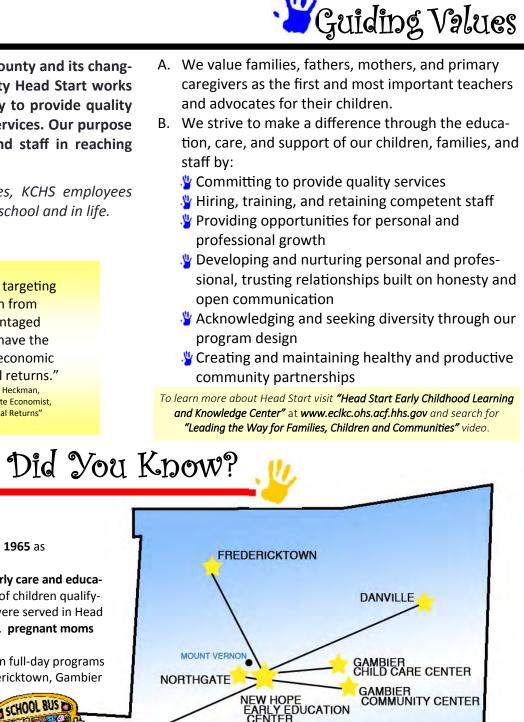
Together with parents and families, KCHS employees open doors for children's success in school and in life.



"Programs targeting children from disadvantaged families have the greatest economic and social returns." -Dr. James Heckman, Nobel Laureate Economist "Exceptional Returns"

- Knox County Head Start was founded in 1965 as • Kokosing Day Care Centers, Inc.
- We are the largest single provider of early care and education services in Knox County with 90% of children qualifying as low-income. Over 265 children were served in Head Start preschool and **105 children and 11 pregnant moms** in Early Head Start in 2012-2013
- Largest child care provider since 1998 in full-day programs for 143 children in three centers (Fredericktown, Gambier & Mount Vernon)
- Operating 8 bus routes, traveling 482 miles per day, exceeding 62,631 miles annually, transporting 160 children.
- 314 volunteers provided 1,946 hours of service





KNOX COUNTY HEAD START CENTERBURG

# Our Children 💯

#### Head Start Monthly Enrollment

Average monthly enrollment for Knox County Head Start was 100% of

funded enrollment, translating to 216 Head Start preschool children and 66 Early Head Start pregnant moms, infants and toddlers served each month at KCHS!

According to a 2011-2012 census of preschool-age children in Knox County, approximately 482 were Head Start eligible. The

census indicated 437 of these children attended a preschool while an estimated 45 were not enrolled in any preschool.

KCHS held 20 parent events this year. 88% (315) of enrolled children and their families attended at least one event. Total attendance: 2,898!

#### Services to Children with Identified Disabilities

0

Head Start

Child Care

Early Head Start

EHS Pregnant Moms 15

Knox County Head Start collaborates with

Number of Children Served by KCHS

August 1, 2012 - July 31, 2013

partner agencies, including the Help Me Grow program and Early Intervention with the Knox County Board of • **Developmental Disabil**ities. and with two local

education agencies, • **Knox County Education-**

265

101

100

481

Schools, to provide special education services to children with disabilities. As such, many children were able to receive special services for their individual, identified disabilities. In 2012-2013. services to Knox County Head Start children with identified disabilities included

al Service Center and Mount Vernon City

42 (15.8%) children in Head Start received special education services under an Individualized Education Plan (IEP).

20 children entered the school year with an IEP and 22 of the 41 children referred for evaluation

> qualified for an IEP. • 10 infants & tod-

dlers received services under an Individualized Family Service Plan

Over 118.814 breakfasts, lunches, snacks, and dinners were served to children and their families!

(IFSP).



### **Child Health Services**

are designed to ensure children receive ageappropriate screenings, follow up for health & dental concerns when needed, and are healthy and ready for success in school.

#### Immunization Services (EHS & Preschool Age)

- 256 (69.9%) children are categorized as up-to-date on their required immunizations
- 110 (30.1%) children are categorized as inprogress, having received all possible shots for their age group
- 4 children meet Ohio's guidelines for exemption from immunization

### **Mental Health Services**



KCHS' Child Mental Health Coordinator partners with Behavioral Health Partners of Central Ohio to provide Jump Start services for children exhibiting ongoing, challenging behaviors at home and/or in the classroom. Our goal is to provide effective interventions at as early an age as possible.

- 67 parents were provided with consultations about their child's behavioral or mental health.
- 29 (43.3%) children received mental health services.



#### **Medical Screenings (Physicals)**

• 366 (100%) children (EHS & Preschool-Age) received an annual physical and all medical screenings, including hearing, vision, lead, and hemoglo-

• 71 (19.4%) children needed medical follow-up • 69 (97.2%) children received medical follow-up

#### **Dental Services (Infants not included)** • 315 (92.5% preschoolers) children received

- a dental exam
- **41** children needed follow-up
- 32 (78%) children received follow-up

#### **Developmental Screenings**

- 366 (100%) children received developmental screenings
- 54 children were referred for further
- Evaluation (41 HS & 13 in EHS)
- 42 children in Head Start preschool received disability services on an IEP
- 10 Early Head Start infants/toddlers
  - received disability services on an IFSP.

#### **REVENUE BY FUNDING SOURCE** AUGUST 1, 2012 - JULY 31, 2013

FEDERAL HEAD START	\$1,603,678
FEDERAL EARLY HEAD START	\$812,944
FEDERAL EHS ARRA	\$28,153
FEDERAL CENTER OF EXCELLENCE	\$212,546
USDA	\$149,623
STEP UP TO QUALITY	\$56,750
CHILD CARE REVENUE	\$653,187
UNITED WAY OF KNOX COUNTY	\$78,873
INTEREST INCOME	\$794
LOCAL FUNDING/ REVENUE	\$24,256
IN-KIND	\$704,078
RESTRICTED NET ASSETS	\$82,224
TOTAL FUNDING	\$4,407,106

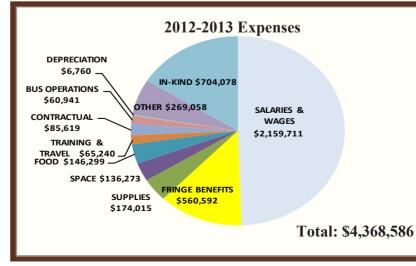
to support Head Start services to 216 chil- Camps and Conscious Discipline® teacher dren and families and Early Head Start education opportunities; to increase Conbased on available slots; the actual num- and early childhood community. tion reductions in the Federal Head Start, Health Consultant; a Health Services Spegrants.

Carryover funds from the Early Head Start ARRA program enabled completion of a renovation project at the Fredericktown Head Start and Child Care Center in

the fall of 2012. This project included updating electrical, heating and cooling systems for four classrooms and offices that house interior gross motor space for infants, toddlers, and preschoolers, as well as meeting, training and storage space.

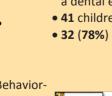
KCHS completed the third year of the The United Way of Knox United five-year National Head Start Center of County provided signifi-Wav Excellence grant which was funded from cant funding for Head September 30, 2012 to September 29, Start and Early Head Start programs and parent trainings. This 2013 for \$200.000. The fourth year of the funding is an important part of the required five-year grant was reduced by the 5.27% 25% local match of federal funding. sequestration cuts for 2013-2014. This grant provides for further implementa-The Energy Cooperative Opertion of Conscious Discipline<sup>®</sup> in KCHS ation Round Up Foundation, classrooms; increased partnerships with the ENERGY Inc. provided funding for en-Knox County schools, social service agentry door security controls for cies, and mental health agencies, includ-Fredericktown and Danville Centers. Knox County Head Start and our local ing Head Start teacher participation in the community benefit from federal funding Mount Vernon City Schools Kindergarten The Ohio Children's Trust 0/10 Fund, operating through the 420 Knox County Family and Children First Council, supported services for 66 pregnant mothers, infants, scious Parenting trainings; and to share parent training for the parents of elementary toddlers, and their families. (Funding is lessons learned with the larger Head Start school age children.

ber of children and pregnant moms The United Way grant operates on a The Harcourt Parish Episcopal served in these programs last year was calendar year providing support for Head Church 2012 Rummage Sale provid-381). The current funding year includes a Start and Early Head Start programs ined partial funding for a spaghetti 5.27% decrease due to Federal sequestra- cluding partial funding for a Child Mental dinner for 554 children and their families at the Shawn Kelly Memorial Holiday Party held in Gund Commons in Early Head Start and Center of Excellence cialist to support required medical, denpartnership with the Kenyon College Delta tal, vision and physical development Kappa Epsilon Fraternity on November 28 and screenings/follow up and parent educa-29, 2012. tion; and funds 16 parent training sessions annually.



\*Other expenses include: volunteer costs; parent services; accounting and legal services; publications/ advertising/printing; training and staff development (including college coursework); and insurances (bonding, directors' and officers' liability, and general liability).







The support provided by of local grants is greatly appreciated and recognized as important to KCHS in providing quality services to children and families in Knox County. 2012-2013 grants included:









	Head Start Preschool	Early Head Start	Center of Excellence
Salaries	\$980,284	\$454,759	\$98,641
Fringes	296,683	167,254	29,529
Supplies	38,761	23,800	3,500
Space	76,876	23,782	5,972
Food Supplies	14,900	9,000	0
Contracts	45,481	20,851	8,280
Training & Travel	14,169	15,231	27,804
Bus Operations	35,740	5,500	0
Other	43,838	24,602	15,734
In-Kind Funds (Local Match)	386,683	186,195	47,365
Total Budgets	\$1,933,415	\$930,974	\$236,825

#### 2013-2014 Federal Head Start Budgets **Total Budgets: \$3,201,224**

## Our Staff



Research shows that degreed educators committed to continuous learning make a difference in children's lives. The majority of KCHS' teachers and home educators hold associate or bachelor's degree. In the past six years, 17 employees have received their college degrees or an advanced degree. Gambier Center Coordinator, Rachel Flowers received her Associate Degree in Early Childhood Development in 2013.

KCHS teachers continue to exceed the Head Start 2007 standards for classroom quality in terms of education and professional development. All classroom preschool teachers hold a minimum of an associate's degree, with 78.6% of them holding their bachelor or master's degree. All infant/toddler teachers hold a minimum of a Child Development Associate (CDA) credential. Fifty percent (50%) hold a bachelor's degree and 30% hold an associate's degree

KCHS observes and assesses teacher performance throughout the program year, in particular assessing the quality of teacherchild interactions. KCHS' Center of Excellence funding has enabled the program to enhance teacher mentoring in support of creating a high-quality learning environment in which purposeful interactions with children support learning. Assessors complete the Classroom Assessment Scoring System (CLASS) twice a year in each preschool classroom to illustrate growth in teacher performance. CLASS Scores range from 1-7, with 7 being the highest possible score. The tool looks at 10 dimensions, including language modeling, positive climate, teacher support, productivity, and concept development. These dimensions are grouped into overall domains of Emotional Support, Classroom Organization, and Instructional Support. The chart on the right includes CLASS scores as assessed by the Federal Review Team in December 2012, and comparison scores with national averages of Head Start programs reviewed between 10/2/12 and 9/30/13. KCHS' average teacher scores exceed the national average in Emotional Support and Instructional Support. In the area of Instructional Support, KCHS' domain scores are within the top 10% of the nation.

### **97 TOTAL EMPLOYEES**

**Benefited Positions** 17 Early Head Start—Full-Time 2 Child Care/HS/EHS/COE 28 Head Start—Part-Time (School Yr) 15 Head Start/Child Care 27 Head Start/EHS/Child Care **Non-Benefited Positions** 1 Part-Time Employees 10 Substitutes

CLASS Domain Areas	KCHS Domain Federal Review FY'2013	Domains Summary National Mean FY'2013	National Summary Highest 10% FY'2013
Emotional Support	6.1442	5.99	6.44
Classroom Organization	5.5128	5.63	6.17
Instructional Support	3.4615	2.72	3.35

#### **POLICY COUNCIL**

Centerburg Representative Carla Sexton

**Danville Representative** Jessica Scurlock

**Fredericktown Representatives** Tina Cockrell Rhonda O'Brien Jerimiah Carpenter (Alternate)

**Gambier Representative** Heidi Hartlev

#### **New Hope EEC Representatives**

Emily Morrison, Chairperson Margherita Howard Patricia Dawson Stephanie Gore, Vice Chairperson

Northgate Representatives Whitney Bowman Ashley Kester

**Home Base Representatives** Sara Kovacs Beth Cochran

# KNOX COUNTY CHAMBER OF COMMERCE Connecting Members, Promoting Business

Chamber Quality of Life Recipient—Knox County Head Start was honored with the Chamber **Quality of Life Award** in January 2013. The Award is given to a non-profit agency that has enriched the lives of Knox County residents. The Agency was recognized for their services since 1965. The award was accepted on behalf of KCHS staff

for their commitment to children and families and guality services.

**BOARD OF DIRECTORS** 

**Mark Kohlman** 

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Chief Business Officer

Kenyon College

Noel Alden, Attorney

Vice-Chairperson

Zelkowitz, Barry & Cullers

**Ashley Rhodes** 

Preschool Field Supervisor

Ashland University

Barbara Wortman Librarian (Retired)

Danielle O'Brien, CPA

Vice President, Finance

Knox Community Hospital

Ellen Robinson

Adviser (Knox Campus)

Central Ohio Technical College

Florence Schermer, RD, LD

**Registered** Dietitian

CCMH Hospital

James Kousoulas \*

Forensic Criminologist (Retired)

Prema R. Samhat

Director, Marketing & Public Relations

Knox Community Hospital

**Emily Morrison** 

Policy Council Representative

\*Jim served on the Board of Directors for over

12 years and is sadly missed. He passed away

on October 15, 2013.

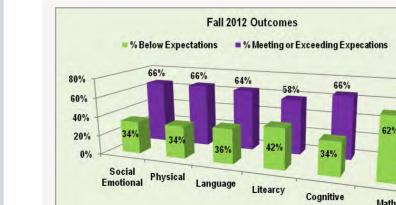
%	
	Promoting
	<u> </u>

#### Preparing Children for Success in Kindergarten

Knox County Head Start's (KCHS) classrooms implement The children's progress in math and social-emotional development, partic-Creative Curriculum for Preschool®, The Creative Curriculum for Inularly for children who have been exposed to trauma in their early fants, Toddlers, and Two's<sup>®</sup>, and the Conscious Discipline<sup>®</sup> philosophy years. To build the foundation for math, the Agency provided Early of "brain smart" classroom management. Supplemental resources Head Start teachers "High Five Mathematize" training in May 2013. include the following: Handwriting Without Tears: Get Set for School, Preschool teachers will be trained in the fall of 2014. In October 2013, Second Step: Violence Prevention, and Talking About Touching: Perpreschool teachers and teacher assistants attended a two-day "Emotional Mayhem – Feeling Buddies Curriculum" training in Columsonal Safety. KCHS promotes overall wellness, including dental health, good nutrition, and the importance of movement and exercise, bus, OH, a self-regulation curriculum, teaching children steps to help with the Healthy Smiles, Color Me Healthy, and I Am Moving I Am them successfully self-regulate, which is a key life skill. Learning programs. Teachers use The Creative Curriculum's® Objec-KCHS supports parents in registering their children for kindergartives for Development and Learning to track individual child progress ten, and arranges kindergarten teacher visits or coordinates visits to and to plan lessons for large and small groups. kindergarten classrooms when possible.

As shown in the chart below (left), initial assessments in Teaching During the 2012-2013 school year, all KCHS preschool teachers Strategies GOLD in Fall 2012 showed a significant percentage of Head completed professional development and testing in the Teaching Start prekindergarten children entering the school year performing Strategies GOLD assessment system to achieve inter-rater reliability, below widely held expectations, most significantly in Math (62%). ensuring that child observation and assessment reporting is reliable.

By the end of the school year, in Spring 2013, children improved in To provide a baseline of kindergarten readiness for kindergarten math with 15% below expectations, as shown in the chart below teachers, a kindergarten readiness checklist was completed in May, 2013 for 124 KCHS children transitioning to kindergarten and forward-(right). KCHS continues to be concerned with school readiness and with ed to each child's elementary school.



## Encouraging Literacy

#### KCHS Participates with Imagination Library

The United Way of Knox County, in partnership with Dolly Parton's Imagination Library Foundation, Ariel Corporation / Foundation, Community Foundation of Mount Vernon & Knox County, Kiwanis Club of Mount Vernon. Knox County Board of Developmental Disabilities, McDonalds, and other area sponsors, implemented a literacy program for the children of Knox County in April 2010.

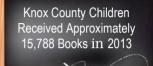
In the program, all children in Knox County from ages birth to five years old are eligible to receive a FREE ageappropriate book delivered to their home each month, resulting in 12 books per year (up to 60 books in a child's lifetime eligibility). Once children turn age five, they receive their final book, for example, Mrs. Bindergarten Goes to Kindergarten, and graduate from the Imagination Library program.

KCHS' staff make referrals, with parent permission, as soon as possible after entrance into KCHS. In 2013, United Way identified 362 unduplicated referrals from KCHS. KCHS believes participation in the Imagination Library has improved literacy development, with 93% of KCHS kindergartners meeting or exceeding developmental expectations, according to the Spring 2013 assessments.

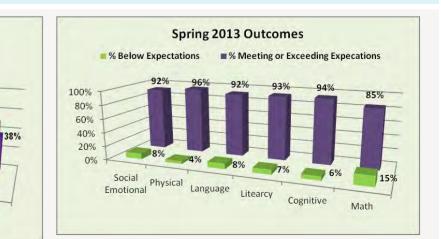
# Excellence











# A Center of Excellence

initial ten National Head Start nership with the Mount "Self-Regulation: The Key to Center of Excellence pro- Vernon City Schools and our School Readiness" in Septemgrams. Knox County Head staff in assisting with kinder- ber 2013. Start continues to expand garten camps. Conscious Discipline<sup>®</sup> training Mental Health Coordinator coordinator attended a weekto the local community, the presented "Resiliency for Edu- long Conscious Discipline® larger Head Start community cators and Front-Line Staff" at training in Orlando, Florida, in Ohio, as well as nationally, the Focus on Youth Initiative during June and July, 2013. during this third year of the on June 20, 2013 at the KCHS staff provided trainings five-vear program.

and service delivery, as well as education staff. for enhancing the transitions preschool to kindergarten, School teachers and two men-

The Child

ten and Head Start teachers. Start staff attendance at a two Award".

# As one of nine out of the as well as through the part- -day workshop in Columbus

Four KCHS educators/ Mount Vernon Nazarene Uni- at the Ohio Head Start June The grant provides for versity for local social services Leadership Conference, the enhancing KCHS' classrooms workers and early childhood National Head Start Conference in Long Beach, CA, and

The grant funded two the Region V Head Start Leadof Head Start children from Mount Vernon Elementary ership Conference in Chicago. KCHS was recognized by through increased opportuni- tal health professionals from the Knox County Chamber of ties to communicate effective Behavioral Health Partners of Commerce in January 2013 strategies between kindergar- Central Ohio along with Head with the "2013 Quality of Life

#### Summer Camp Program

School agers enjoyed 10 weeks of summer camp at the Gambier Child Care Center with 46 children participating in 1,380 units of camp. Programming included Art, Science, Cooking, Spy, Movie, Nature, Wild West, Team Building/Sportsmanship, and Recycling Weeks. Field trips Included Honey Run Water Falls, Kenyon Science Lab, Velvet Ice Cream, and Columbus Clippers.



Since 2009-2010, all Knox County Head Start Centers have been annually recognized with Step Up To Quality awards by the Ohio Department of Job and Family Services - Bureau of Child Care and Development for exceeding state licensing standards and providing high-quality early childhood services. During 2012-2013, six of seven centers achieved or maintained the highest rating of three stars and one center maintained two stars.

#### Three Star Centers:

Centerburg Center, Danville Legion Center, Fredericktown Head Start and Child Care Center, Gambier Community Center, New Hope Early Education Center, Northgate Center

> **Two Star Center:** Gambier Child Care Center



#### CHILDREN & FAMILIES

Fo: Board Chairperson Mr, Mark Kohlman Board Chairperson Knox County 11700 Upper Gilchrist Rd ite. B Mt. Vernon, OH 43050 **Overview of Finding** 

port. The following Areas of Strength were County's Dolly Parton Imagination Library. identified by the Federal Review team:

vehilizing in Audits Non-Profit Ageneies LAURA I. MACDONALD CPA. INC. 135 North Broadway . Medina, Ohio 44256

330.722.1944 . Fax 330.241.5090

INDEPENDENT AUDITOR'S REPORT

In a letter dated October 21, 2013 to the Board of Directors, Laura MacDonald, CPA. wrote that she has audited the Agency's financial statements for year ended July 31, 2013. The audit was conducted for the purpose of forming an opinion on the financial statements of Knox County Head Start. Inc. taken as a whole. The audit was conducted in accordance with standards generally accepted in the USA and the standards applicable to financial audits contained in Government Auditing Standards issued by the US Comptroller General. In her opinion, the financial statements referred to above present fairly, in all material respects, the financial position of KCHS as of July 31, 2013 and the changes in its net assets and its cash flows for the year then ended in accordance with accounting principles generally accepted in the US. The Board approved the final audit document on 11/8/2013.

"Management Systems in the area of community partnerships, which directly benefited children and families, as well as in the implementation of the Conscious Discipline philosophy, for which the program was awarded a Center of Excellence designation in 2010." Her letter further identifies the collaboration with Kenyon College's Delta Kappa Epsilon fraternity in providing an annual From 12/9/2012 to 12/14/2012, the Admin- Christmas event for Head Start and Early istration for Children and Families (ACF) con- Head Start children and families which inducted an on-site monitoring review of the cluded food, activities and holiday giving at Knox County Head Start and Early Head Start Kenyon College's Gund Commons, Conscious programs. The Director, Office of Head Start Parenting trainings and Conscious Discipline® wrote, "Based on the information gathered trainings within the community as strengths. during the review, it was determined that "The grantee's use of Conscious Discipline your Head Start and Early Head Start pro- improved Human Resources management; grams are in compliance with all applicable promoted a positive approach to employee Head Start Program Performance Standards, training, performance management, and laws, regulations, and policy requirements. discipline; and ultimately reduced employee Accordingly, no corrective action is required turnover." Other areas identified as at this time." The CLASS Domain Areas were strengths include the partnership with Beassessed by the Federal Review Team and havioral Health Partners and the referrals those scores are included in this Annual Re- provided by staff to United Way of Knox



#### Nurturing Potential through **Conscious Discipline®**

KCHS' implementation of the Conscious Discipline<sup>®</sup> (CD<sup>®</sup>) philosophy provides a comprehensive and holistic approach to child and family mental health, improves classroom management, and gives staff and parents tools to promote healthy behaviors. KCHS' approach to CD® begins at the leadership and service-area levels. It is incorporated into classrooms and transportation operations and guides mental health services and parenting trainings.

KCHS embraced CD<sup>®</sup> in response to the repeated results of community assessments, self assessments, and employee and parent surveys identifying a critical need for supports for behavioral and classroom management

A central tenet of the CD<sup>®</sup> philosophy revolves around adults taking responsibility for their own behavior - learning to discipline themselves first and their children second. This helps adults to best model appropriate behavior for children and to be the person they want the child to be.

Teachers and support staff are trained to intentionally create classroom safety, to develop rituals and structures for creating a



We know that **fathers are** important in the lives of children. This year, 220 Head Start fathers or father figures participated in family or classroom events.

school family, and to increase the use of movement and music to encourage healthy brain development in young children.

The common language used in CD<sup>®</sup> and Referrals its consistent use is one of the strongest 234 families (72.42% of families methods of implementing the practices and served) received over 570 referrals a significant reason why CD<sup>®</sup> improves qualifor community supports ty at every level. When collaborators work within classrooms, when children transition **199** families (60.9% of families between centers due to family changes, and served) were documented to have received at least one successful serwhen substitute employees move between vice from a referral centers, this common language creates cohesiveness and safety. Everywhere, employees remind each other and students to breathe, to be a STAR (Smile, Take A Deep March 2013. These trainings were funded Breath, and Relax), to recognize that "It is by the Ohio Children's Trust Fund through what it is," to assume positive intent when Knox County Family and Children First Coundealing with difficult situations, and to apcil. The second Active Parenting Now sixproach conflicts as opportunities to teach. week series was held at KCHS' center in KCHS conducts at least two six-week April-May.



Conscious Parenting trainings annually; expectant parents and parents of infants/ toddlers; and one six-hour "Conscious Couples" training. The charts below detail stahad parents attend the training that was haviors. held in partnership at the YMCA in February-

### Norking With Our Families

#### **Partnerships**

- **327** families were served in Head Start and Early Head Start
- **309** families (94.5%) participated in a family goal setting process, which resulted in an individualized family partnership agreement
- 16 families gualified due to homelessness, with 6 families eventually acquiring housing
- **158** families received WIC services

The Agency was commended as a three two-hour, single-topic trainings for strength by the Federal Head Start Review Team in their January 22, 2013, letter citing KCHS for the implementation of Conscious Discipline<sup>®</sup> philosophy, which provided a tistics for the trainings in 2012-2013. KCHS thorough, holistic approach to child and also provided a six-week Active Parenting family mental health and improved class-Now training for parents of elementary room management and provided staff and school age children. Eleven school districts parents with tools to promote healthy be-