

# 2017-18 Annual Report















Serving Knox County Since 1965

# From Our Director

It is my privilege and honor to work with the many dedicated and talented employees, board members and policy council members of the Knox County Head Start School Family. As we complete our 53rd year of service, we recognize our good fortune in collaborating to serve children and families in a special community. While Knox County faces many of the challenges in Ohio communities and the nation, the spirit of collaboration here is unique. You might say that we are radical collaborators in Knox County – working together at multiple levels to explore solutions that improve our community. I am thankful for those efforts, and know that this radical collaboration, combined with the work of our KCHS School Family, promotes the accomplishments outlined in this Annual Report. Working together, we will continue to progress in educating children, empowering families, and building community. Peg Tazewell, Executive Director

# **Our Mission & Guiding Values**

# Educating Children. Empowering Families. Building Community.

Committed to the future of Knox County and its changing and diverse needs, Knox County Head Start works in partnership with the community to provide quality preschool, child care, and family services. Our purpose is to engage children, families, and staff in reaching their full potential. Together with parents and families, KCHS employees open doors for children's success in school and in life.

- We value families: fathers, mothers, and primary caregivers, as the first and most important teachers and advocates for their children.
  We strive to make a difference through the education, care, and support of our children, families, and staff by:
  - Committing to provide quality services
  - Hiring, training, and retaining competent staff
  - Providing opportunities for personal and professional growth
  - Developing and nurturing trusting relationships built on honesty and open communication
  - Acknowledging and seeking diversity through our program design
  - Creating and maintaining healthy and productive community partnerships

# **Board of Directors**

Mark Kohlman, Chairperson\* Chief Business Officer, Kenyon College

**Noel Alden, Vice Chairperson\*** Attorney, Zelkowitz, Barry & Cullers

**Tina Cockrell\*** Program Director, Knox County Chamber of Commerce

**Todd Hawkins** Financial Officer, Certified Financial Planner, First-Knox National Bank

John Morgan Elementary Principal, Centerburg Local Schools

Danielle O'Brien, CPA Vice President of Finance, Knox Community Hospital

Ashley Rhodes\* Preschool Field Supervisor, Ashland University

**Ellen Robinson** Advisor (Knox), Central Ohio Technical College

Kelly Welker\* Area Supervisor, McDonald's (Knox and Morrow Counties)

**Barbara Wortman** Librarian (Retired)

#### **Billie Richert, Policy Council Representative**

\*Former Head Start parent

# Policy Council

Centerburg Parent Representative Amy Sousa

**Danville Parent Representative** Rodney Smith Sarah Cooke (alternate)

Fredericktown Parent Representative Deniese Stratford

Gambier Parent Representative Courtney DeCosky

**New Hope Early Education Center Parent Representatives** Sarah Whitt Clorisha Arndt Iesha Stewart

Northgate Parent Representative Danette Maynard-Ewing, Secretary

Home-Based Program Parent Representatives Billie Richert, Chair Person &

Board Representative Ann Tope, Vice Chairperson Jessica Scurlock

**Community Representative** Ronnie Walker\*

\* Former Head Start parent

# **Key Leaders**

**Peg Tazewell, MA** *Executive Director* 

**Phillip Jones** Fiscal Officer

**Julie Mickley** Human Resource Director

**Donna Beckley\*** Program Compliance Coordinator

**JoAnn Clark, MBA\*** Enrollment Coordinator

**Cassandra Hoeflich, M.Ed.\*** *Child Development Coordinator* 

#### \*Former Head Start parent





# Our Children

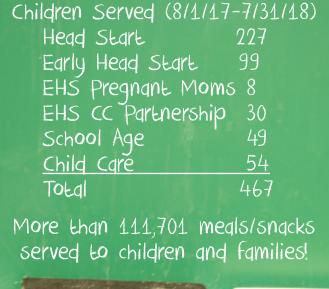
### **Monthly Enrollment**

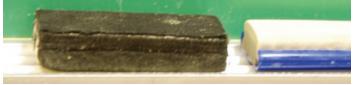
KCHS must track and report funded enrollment at the end of each month, reporting to the Board, Policy Council and the Office of Head Start, and create action plans to address under-enrollment. Average monthly enrollment in the Head Start program was 100% with a total of 227 children served during the year in 181 funded slots. Average monthly enrollment in Early Head Start was 100% with 99 children and 8 pregnant moms served in 60 funded slots. Average monthly enrollment in the Early Head Start-Child Care Partnerships program was 100% with 30 children served in 16 slots.

### Services to Children Identified with Disabilities

KCHS collaborates with partner agencies, including the **Help Me Grow** program and **Early Intervention** with the **Knox County Board of Developmental Disabilities**, and with two local education agencies, **Knox County Educational Service Center** and **Mount Vernon City Schools**, to provide special education services to children with disabilities. Many children were able to receive special services for their individual, identified disabilities. In 2017-18, services to KCHS children with identified disabilities included:

- 45 children (19.8%) in Head Start received special education services under an Individualized Education Plan (IEP).
- 13 infants and toddlers (10.1%) in Early Head Start and EHS-CCP received services under an Individualized Family Service Plan (IFSP).







We know that fathers are important in the lives of children. This year, Head Start and Early Head Start fathers or father figures provided 575 units of attendance at family and/or classroom events.

# **Child Health Services**

Child Health Services are designed to ensure children receive age-appropriate screenings, follow up for health and dental concerns when needed, and are healthy and ready for success in school.



#### **Immunization Services**

- 338 children (94.9%) are categorized as up-to-date on their required immunizations.
- 8 children (2.2%) are categorized as in-progress, having received all possible shots for their age group.
- 8 children (2.2%) meet Ohio's guidelines for exemption from immunization.



#### Nutrition

- 111,701 healthy breakfasts, lunches, snacks, and dinners were served to KCHS children and families this year.
- Several publications focused on nutrition/physical activity are sent home with all families monthly: "Nutrition Nuggets,"
  "Color Me Healthy News,""Get Moving" calendar, and Scholastic's "Parent & Child" magazine. Parent surveys indicate support for healthy nutrition is a key benefit to Head Start.
- Promotional materials for the 5-2-1-0 program are sent home with all families and discussed with parents in School Family meetings, encouraging families to practice healthy habits by eating five fruits/vegetables daily, limiting recreational screen time to two hours, getting one hour of vigorous physical activity, and consuming zero sugary drinks.



#### Medical Screenings

- 322 (90.4%) children received an annual physical and all medical screenings, including hearing, vision, lead, and hemoglobin
- 106 (29.8%) children needed medical follow-up
- 100 (94.3%) children received medical follow-up



#### **Dental Services**

- 194 Head Start preschool children (85.5%) received a dental exam
- 44 Head Start preschool children (22.7%) needed follow-up
- 31 Head Start preschool children (70.5%) received follow-up

# **Mental Health Services**

KCHS partners with Behavioral Health Partners of Central Ohio (BHP) to provide play therapy in classrooms or in-home Jump Start services for children exhibiting ongoing, challenging behaviors at home and/or in the classroom. Our goal is to provide effective interventions at as early an age as possible.

- 52 parents were provided with consultations about their child's behavior or mental health
- 34 Head Start/EHS-CCP children received mental health services from outside organizations, including BHP



#### **Developmental Screenings**

- 356 children (100%) received developmental screenings
- 35 children were referred for further evaluation (21 Head Start, 9 Early Head Start, 5 Early Head Start CCP)
- 38 children entered the year with an IEP/IFSP & 20 children newly qualified during the year due to referrals.







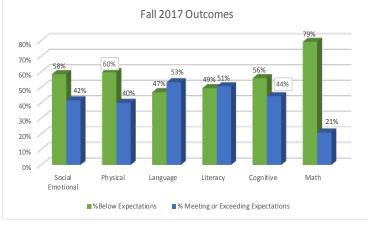
# **Promoting Excellence**

### Preparing Children for Success in Kindergarten

KCHS classrooms implement The Creative Curriculum for Preschool®; The Creative Curriculum for Infants, Toddlers, and Two's®; the Conscious Discipline® philosophy of "brain smart" classroom management; and Handwriting Without Tears: Get Set for School focused on handwriting and fine motor skills, mathematics, and literacy. Teachers use The Creative Curriculum's® Objectives for Development and Learning to track individual child progress and to plan lessons for large and small groups as well as individualized activities specific to the child's developmental level. These objectives are aligned with Ohio Early Learning & Development Standards.

KCHS promotes overall wellness, including dental health, good nutrition, and the importance of movement and exercise with the *I Am Moving I Am Learning* program. A dental hygienist from the Knox County Health Department delivered dental education to all preschool children. All parents receive health, nutrition, and physical activity flyers monthly—"*Get Moving*" monthly activity calendar, *Color Me Healthy NEWS*, and *Nutrition Nuggets*.

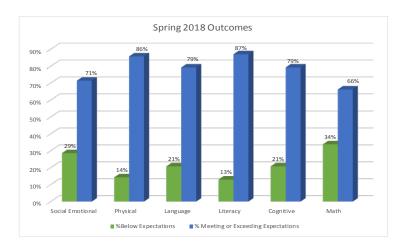
KCHS did not achieve our goal of 85% of children within widely held expectations (WHE) in four out of the six areas in the Spring assessment, but there is evidence of immense growth for the 77 transitioning kindergarterners who were assessed over the six-month period between checkpoints. In the six areas, we saw an average of 35.34% growth from Fall (November 2017) to Spring (April 2018). The highest percentage areas of growth were in Math development, where the percentage of children meeting WHE grew from 20.8% to 66.2% and in Physical development, where the percentage of children meeting WHE grew from 40.3% to 85.7%. We are seeing some increasing delays in children's development coming into our classrooms, and we continue to seek improvement in outcomes.



KCHS is concerned with school readiness and with children's progress in math, language, and social-emotional development, particularly for children who have been exposed to trauma in their early years. To continue to build the foundation for math, the Agency worked with OCCRA to provide additional Ohio Early Learning & Development Standards training for preschool teachers focused on the domains of language, literacy, and math, and Early Head Start teachers on the physical well-being, motor development and cognitive domains. KCHS recognizes that due to teacher turnover, additional training from certified curriculum trainers including "Learning Without Tears" is a necessity for the 18-19 program year.

All KCHS teachers have completed professional development and testing in the Teaching Strategies GOLD assessment system to achieve inter-rater reliability, ensuring that child observation and assessment reporting is reliable. New teachers achieve inter-rater reliability within six months of service.

Kindergarten transition meetings were held with parents and KCHS teachers, inviting kindergarten teachers and principals. During the meetings, parents were provided information on the kindergarten registration process and received a folder with resources to extend learning into the summer. KCHS provides children with a summer activity folder with scissors, crayons, writing paper, an informational letter from the Child Development Coordinator and resources with suggested daily activities. To provide a baseline of children's kindergarten readiness for kindergarten teachers, in May 2018, a kindergarten readiness checklist was completed on 101 KCHS children transitioning to kindergarten with each child's checklist forwarded to their elementary school.



KCHS' Teacher Mentor provides mentoring in support of high quality learning environments and purposeful interactions with children in support of kindergarten readiness. She observes and assesses preschool teacher performance twice a year to determine the quality of teacher/child interactions using the Classroom Assessment Scoring System (CLASS), and provides targeted mentoring for classroom educators throughout the year. CLASS Scores range from 1-7, with 7 being the highest. CLASS looks at 10 dimensions, including language modeling, positive climate, teacher support, productivity, and concept development. The chart to the left includes KCHS' average teacher CLASS scores from 2018, the 2018 National Mean Average Summary, and the 2018 National Summary of Lowest 10%. KCHS teachers' CLASS scores from 2018 exceed the national mean in all three domains. Head Start programs with scores in the lowest 10% of classrooms assessed are required to enter into competition for grant funding according to federal regulations.

CLASS Domain Area	KCHS Scores 2018	FY'18 National Domain Scores Mean	FY'18 National Domain Scores Lowest 10%
Emotional Support	6.31	6.09	5.6641
Classroom Organization	6.02	5.82	5.2803
Instructional Support	3.24	2.89	2.3125

### Partnerships

- 298 families were served in Head Start, Early Head Start, and Early Head Start Child Care Partnership
- 298 families (100%) participated in a family goal setting process, which resulted in a family partnership agreement
- 208 families (84.2%) achieved or made progress toward their goals
- 32 (10.7%) families qualified for Head Start services due to homelessness, with 15 families (47%) acquiring housing
- 35 (9.8%) children experiencing homelessness were served during the year.
- 206 families received WIC services through the Knox County Health Department
- 62 (17.4%) children were in foster care at any point during the program year, 42 (67.7%) were referred by KCDJFS **Referrals**
- 286 families (96% of families served) received more than 1,044 referrals for community supports
- 286 families (100% of families referred) were documented to have received at least one successful service from a referral



## 2017-2018 Parent Survey Comments

"They always have good ideas to make learning fun for children and their parents."

"The home visits are so helpful and convenient for busy people. They help the children with learning and reaching the milestones that parents may be struggling to figure out how to reach."

"I feel the teachers are the greatest asset. They are engaging, caring, and always willing to help. They can always adjust to teach any age."

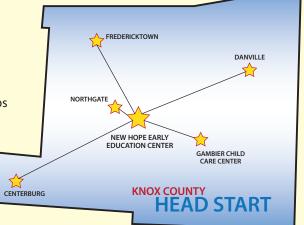
"Strong, connected, committed work team. They are very passionate about what they do and go above and beyond on a regular basis. They do all they can to help whole family which not only benefits the child but the whole unit in many ways."

"The one-on-one learning helps children want to learn and gets them excited about school."

"You care about helping families not just children."

# About Knox County Head Start, Inc.

- KCHS was founded in 1965 as Kokosing Day Care Centers, Inc.
- KCHS is the largest single provider of early care and education services for children birth to five in Knox County with 81.2% of children qualifying as low-income. A total of 356 children and eight pregnant women were served across Head Start, Early Head Start and Early Head Start-Child Care Partnerships programs, a total of 459 children were served across all programs in 2017-18.
- 180 volunteers provided over 5,395 hours of service.
- All six centers are Star rated through ODJFS "Step Up To Quality".



# **Parent Trainings**

### **Parent Training Attendance**

### Conscious Discipline<sup>®</sup>

66 Parents Attended

- (32 KCHS Parents/34 Community Parents)
- 366 Parent Training Units (2 six-week sessions)
- 45 Children provided child care during the trainings (221 Child Care Units Provided during training)
- Meals were served during the trainings 755
- 75 Children in Attendees' Families

### Infant/Toddler and Triple P Trainings

- 65 Parents attended 4 trainings
  - (21 KCHS Parents/44 Community Parents)
- Children provided child care during trainings 42
- Meals were served during the trainings 193
- 88 Children in Attendees' Families

#### 272 Triple P Parent Training Units

### Nurturing Parents' Potential Through Conscious Discipline® and Triple P

KCHS has implemented the Conscious Discipline® (CD®) philosophy since 2004, providing a comprehensive and holistic approach to child and family mental health and improving classroom management. CD® gives staff and parents tools to promote healthy relationships and behaviors. Teachers and support staff are trained to intentionally create classroom safety, to develop rituals and structures for creating a school family, and to increase the use of movement and music to encourage healthy brain development in young children. The common language used in CD® provides cohesiveness and safety for collaborators working within the classrooms, children transitioning between centers due to family changes or transitioning from infant/toddler classrooms to preschool classrooms and substitute employees moving between classrooms/centers.

KCHS' implementation of CD<sup>®</sup> expanded to include parent trainings in 2005, and over the past 13 years KCHS has provided extensive parenting trainings with a total of 230 training sessions provided from 2005 to 2018, with 4,935 attendee units, 3,558 child care units provided during the trainings and 9,875 meals served. Trainings were funded through generous partnerships with United Way of Knox County, Mental Health America and the Ohio Children's Trust fund and Mental Health & Recovery Board for Licking and Knox County through Knox County Family and Children First Council. Parents surveyed this year said that CD® has made a difference for themselves and their family - "helped to be a better mom and the family has become stronger," "my kids and I get along better," "I can stay calmer and feel their needs," "personal growth - better understanding of myself and put into words what I have tried to explain to family members,""being able to know my brain state has helped me to better help my children," "positive intent helps to see everyone in the family in a better light," "this class gave me a better sense of my own actions - a refresher on parenting and I think had a major impact on how I do things as a parent - this class has been a life saver. Thank you for the opportunity to learn from you guys,""I learned to be connected, truly connected, to my children for even just a few minutes each day and have seen the difference that makes in their (and my) behavior," "connection with your children is huge and will leave a lifetime mark," and "great class - really enjoyed - highly recommend to couples (moms and dads) - made my husband & I more connected." Parents indicate they would recommend these classes for others and many parents attend multiple trainings.

The Resilience Team, a sub-committee of the Knox Health Planning Partnership identified a need to further increase the availability of parent education and supports in Knox County in 2015, and researched evidencebased parenting programs. The team identified Triple P - the Positive Parenting Program – as an evidence-based intervention that would provide multiple levels of support for Knox County parents. In February 2017, the Ariel Foundation provided seed funding for this community collaboration, with Knox County Head Start as the fiscal agent. In March 2017, a

Coordinator was hired to coordinate the trainings for both providers and parents that they serve throughout the County. The Coordinator also is responsible for marketing the program. The PSI's primary focus is bringing multiple levels of Triple P to Knox County.

Triple P provides creative solutions to equip confident, competent and resilient parents and caregivers in Knox County. Parents are encouraged to set their own goals and to use strategies and skills in keeping with their own family values. It is tailored to the needs of every family situation, providing solutions for parents who need a lot of support and those who just need a little. Triple P provides five intervention levels delivered one-to-one, in small groups or large groups. It provides parenting support throughout the life of a child, from infant through the teen years for parents and caregivers with parent resources such as workbooks, tip sheets, and booklets.

Forty-one (41) Knox County residents/practitioners have been trained to deliver Triple P from the following agencies: BHP of Central Ohio, Centerburg Local School District, Escape Zone, Freedom Center, Kno-Ho-Co-Ashland CAC, Knox County Board of Developmental Disabilities Early Intervention and Help Me Grow, Knox County Head Start, Knox County Health Department (KSAAT), Knox Community Hospital, Knox County Juvenile Court, New Directions, Riverside Recovery, The Village Network, and YMCA. Triple P programs serve parents of children ages 0 through teens on topics such as The Power of Positive Parenting, Raising Resilient Children, Managing Fighting and Aggression, Getting Teenagers to Cooperate, Reducing Family Conflict, and Building Teenagers' Survival Skills along with Pathways Triple P which is specific for high need parents or those at risk of harming children.

Collaborating agencies and organizations of the Parent Support Initiative include funding partners Ariel Foundation, United Way of Knox County, The Community Foundation of Mount Vernon & Knox County, Ohio Mental Health & Addiction Services, the Knox County Family & Children First Council, Knox Substance Abuse Action Team, and Mental Health & Recovery of Licking & Knox Counties.

(Continued on page 10)



# Teacher Qualifications & Professional Development

KCHS exceeds the requirement of the Head Start Act of 2007 that 50% of preschool teachers have bachelor's degree with 80% of Head Start preschool teachers having a bachelor's degree and 20% having an associate degree in early childhood education in 2017-18. In Early Head Start, teachers are only required to hold a Child Development Associate (CDA) credential, wherein 40% of KCHS infant and toddler teachers held a two- or four-year degree. All teacher assistants hold degrees or CDAs, or are working towards their CDA.

Twenty-three KCHS employees have achieved degrees over the last 11 years while employed by the Agency.



### Step Up To Quality

Since 2009-10, Knox County Head Start Centers have been annually recognized with Step Up To Quality awards by the Ohio Department of Job and Family Services – Bureau of Child Care and Development for exceeding state licensing standards and providing high-quality early childhood



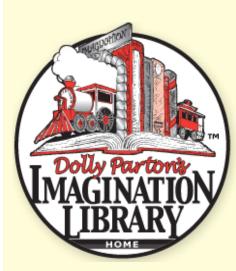
services. During 2017-18, 5 centers maintained a five-star rating, which is the highest possible rating. One center was four-star rated but returned to five-star rated in September 2018. Our dedication to providing quality services to Knox County is rooted in the Guiding Values of our mission statement.

### Two Generational Approach = Hidden Successes

Head Start works closely with parents in developing goals and encouraging parents to identify strengths and opportunities. Over the last 12 years, 68 current or former Head Start parents have worked for Knox County Head Start. Of those parents, 37 (54.4%) attained or are working on a professional certification, CDA, CDL or an advanced degree. In 2017-18, 44 of 101 employees (43.6%) were current or former Head Start parents, 24 (54.5%) of those employees attained a degree or certification while employed or were in process. Knox County Head Start's two generational approach opens doors for child and family successes – concurrently supporting children's school readiness & providing opportunities for family stability & success.

44 employees during the year were current or former Head Start parents!

24 obtained or are working toward a degree or certification



# **Encouraging Literacy**

### Partnering with United Way of Knox County's Imagination Library

The United Way of Knox County, in partnership with Dolly Parton's Imagination Library Foundation, continues to provide a literacy program wherein each child in Knox County up to age five is eligible to receive a FREE age-appropriate book delivered to his/her home each month (up to 60 books over 5 years).

Since 2010, 125,781 children have received Imagination Library books in Knox County. In 2018, 2,702 children received 23,093 books serving 73.5% of Knox County's under five population with Dolly Parton's Imagination Library books monthly.

KCHS' staff make referrals, with parent permission, as soon as possible after entrance into KCHS. United Way identified 646 referrals from KCHS during the past four years. KCHS believes participation in the Imagination Library has improved literacy development. According to final 2017-18 assessments, 87% of KCHS' pre-kindergarteners met or exceeded developmental expectations in literacy.

Other community partners supporting the UW Imagination Library program include AMVETS Ladies Auxiliary Post 95, Ariel Corporation, Ariel Foundation, Central Ohio Technical College, Community Foundation of Mount Vernon & Knox County, The Energy Cooperative, First-Knox National Bank, Kenyon College, Kiwanis Club of Mount Vernon, Knox County Board of Developmental Disabilities, McDonald's, Mount Vernon Nazarene University, Mount Vernon Rotary Foundation, and Psi Iota Xi Sorority.

# **Volunteer Services**

KCHS is grateful to have a variety of volunteers supporting all the centers throughout the year. Many Head Start parents and extended family members along with two volunteers from the Corporation for Ohio Appalachian Development Foster Grandparent Program, two individuals served by the Knox County Board of Developmental Disabilities, the Knox County Career Center nursing students and students from the Knox County Career Center volunteer Placement program, several Kenyon College students and other community volunteers provided 5,395 hours of service from a total of 180 individuals. Volunteers assist in the classrooms, spend one-on-one time with children, attend Parent Policy Council meetings, represent Policy Council at Board Meetings, accompany field trips, and do maintenance projects at the centers. These volunteers make a positive difference in the lives of children while obtaining valuable professional experience and skills and being more actively involved in the community.



## **Community Assessment**

KCHS conducted a comprehensive community assessment in 2014 and collaborated with the Knox County Health Planning Partnership in the 2014 and 2018 Community Health Assessments (CHA), and Community Health Improvement Plans (CHIP). KCHS utilized results from the community surveys and conducted an internal analysis of community resources, along with data related to the strengths and needs of eligible infants, toddlers and preschool aged children, and expectant mothers, and their families in the Knox County community resources, demographics or the strengths and needs of eligible children and their families. KCHS' program planning considers results of the community assessment in determining program options and the location of services in Knox County.

The community assessment utilizes demographic data, surveys, community collaboration data as outlined above, and trend data regarding Head Start children and their families as collected in the Child Plus information system, the annual Program Information Report (PIR) and Teaching Strategies GOLD.

Knox County, Ohio is a rural community of 61,261 (2017 Quick Facts, US Census) with slight gains in population noted (2016 American Community Survey 5-Year population estimate of 60,878). Located in the geographical center of Ohio, population is divided between one city, six villages and 22 townships. The estimated number of children under the age of 5 years is 6%, or 3,676 children. Updates to the community assessment for 2017-2018 showed a reduction in the rate of child poverty in Knox County, based on the American Community Survey 5-Year Estimates (2013-2017), from 26.6% for children under age six between 2009-2013, and 16.5% in data reported at the end of 2017. In the 2014 assessment, KCHS estimated 437 infants and toddlers eligible for Early Head Start, and 291 preschool-aged children eligible for Head Start. Reductions in child poverty levels reduce the number of eligible children in the Knox County community, and current numbers suggest 352 infants and toddlers and 234 preschoolers eligible for Head Start at 100% of the federal poverty guidelines or below. Because Knox County

### 27 Years of Partnership with Kenyon College's DKE's

The Kenyon College's Delta Kappa Epsilon Fraternity and Kenyon College co-hosted the 27th Annual Shawn Kelly Memorial Holiday party in Gund Commons on November 28, 29 and 30, 2017 with 680 attending. Kenyon students provided age and gender specific gifts from Santa (aka Tom Lepley). The Fraternity raised the funds for the gifts and provided countless hours shopping and wrapping the gifts. Much planning goes into the event on the part of the students, College staff and KCHS staff. The event included a dinner in partnership with Smithhisler Meats, McDonalds, Nickles Bakery, Lannings Foods, Tim Horton's, AVI Food Service, and the Harcourt Parish Rummage Sale. Each evening a Kenyon acapella group, the Kokosingers and the Owl Creek Singers, serenaded the crowd with festive carols. This event is a holiday event for all of KCHS' children and their families and includes engaging activities for the children with the support of Kenyon students.



shows saturation in preschool services for income-eligible children, KCHS may serve up to 35% of Head Start children between 101% and 130% of the federal poverty guidelines, which increases the number of eligible children.

Key results from the 2018 CHA identified strengths, including appreciation for natural resources and the beautiful rural landscape, numerous indoor and outdoor activities available, community philanthropy, collaboration among local agencies and an overall sense of community among residents. KCHS families also identify the ability to spend time together as a family, outdoor spaces for family activities in the community, and their connections with KCHS educators in supporting their children's learning and encouraging healthy habits for children and families as strengths.

Around community concerns, the 2018 CHA identified seven issues residents believed must be addressed to improve the health and quality of life in the community, including: obesity, the drug epidemic, workforce and economic development, transportation, housing, sustainable wages, and poverty. KCHS families identified stronger concerns around stress and mental health and access to dental care, and identified the need for parenting support, and agreed with concerns around financial needs including housing/utility costs and reliable transportation.

One significant change identified between the 2014 Community Assessment and the 2017-2018 update is noted in the higher rates of preschool aged children with identified disabilities, with school districts serving from 16% to 20% over the last three years, and KCHS reporting an increase in preschool aged children on Individualized Education Plans (IEPs) from serving 13.2% of enrolled preschoolers on IEPs in 2014-2015, to 19.4% in 2017-2018. The rate of children on Individualized Family Service Plans (IFSPs) has decreased from 13.7% of enrollment in 2014-2015, to 11.1% of enrollment in 2017-2018.

# National HS Center of Excellence



# ADMINISTRATION FOR EFAMILIES

Office of Head Start | 4th floor Switzer Memorial Building, 330 C Street SW, Washington DC | eclkc.ohs.acf.hhs.gov

### Administration for Children and Families On-Site Monitoring Review

KCHS' last On-Site Monitoring Review was conducted in April 2017 and was reported in the 2016-2017 Annual Report. There has not been a review since then. On July 31, 2019, KCHS will complete a 5-year grant period. KCHS anticipates reviews in the new 5-year grant period starting August 1, 2019.



#### Continued from page 7

#### Nurturing Parents Potential Through Conscious Discipline<sup>®</sup> & Triple P

The short-term goals of the PSI program to establish a cohort of trainers has been reached which will enable long-term sustainability of parenting supports, to continue to educate Knox County parents for which 272 units have been provided thus far, and to influence perspectives about parenting for the entire community with the multimedia Stay Positive campaign. In the long-term, the PSI intends to improve overall healthy relationships in Knox County, by teaching Triple P's self-regulatory reflective model, equipping parents to control their own emotions, to develop and sustain healthy relationships with their children, and to use those skills to impact the community and its workforce. Ultimately, the PSI is designed to contribute to lowering the incidence of Adverse Childhood Experiences (ACEs) and lessening continued exposure to ACEs across generations in Knox County.

of Non-Profit Agencies LAURA J. MACDONALD CPA, INC. 135 North Broadway • Medina, Ohio 44256 330.722.1944 • Fax 330.241.5090

Specializing in Audits

### Independent Auditor's Report

In letters dated November 27, 2018, to the Board of Directors, Laura MacDonald, CPA, wrote that she has audited the Agency's financial statements for year ended July 31, 2018. The audit was conducted for the purpose of forming an opinion on the financial statements as a whole and was conducted in accordance with auditing standards contained in Government Auditing Standards issued by the U.S. Comptroller General. "As part of obtaining reasonable assurance about whether KCHS' financial statements are free from material misstatement, I performed tests of its compliance with certain provision of laws, regulations, contracts and grant agreements, non-compliance with which could have a direct and material effect on the determination of financial statement amounts. However, providing an opinion on compliance with those provisions was not an objective of my audit, and accordingly, I do not express such an opinion. The results of my tests disclosed no instances of noncompliance or other matters that are required to be reported under Government Auditing Standards."

Laura MacDonald presented the draft Audit Report to the Board of Directors on November 28, 2018. Her letter to the Board in the Audit Report shared that she had audited the accompanying financial statements of KCHS which were included in the draft which comprise the Statements of Financial Position and the related Statements of Activities, Functional Expenses and Cash Flows for the year then ended July 31, 2018. She further wrote that in her opinion, Statements referred to present fairly, in all material respects, the financial position of KCHS as of July 31, 2018 and the changes in its net assets and its cash flows for the year in accordance with accounting principles generally accepted in the USA. Her opening comment to the Board was "there was a clean opinion as in the past" and the Audit Report stated the Agency is a low-risk auditee.

The Audit Report that was approved by the Board on December 6, 2018 is available at http://www.knoxheadstart.org/wp-content/uploads/2019/01/ Audit-2017-2018.pdf



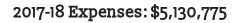
# Summer Camp at Gambier Center

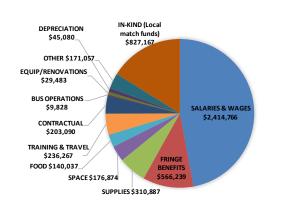
For the sixth year, school age children enjoyed 10 weeks of summer camp at the Gambier Child Care Center with 39 children participating in 872 units of camp. This year, campers went on an exciting adventure as they spent the summer "traveling" to various countries, starting off with a "trip" to Costa Rica. The camp season culminated with a "trip" to France. Campers spent time learning about the culture, weather, time, money, history, food, language and art from each country. Field trip adventures led us to The Columbus Zoo, Rockin' Jump trampoline park, Scioto Metro Park, The Young Chef's Academy, and beyond. They found time to develop their literacy through the Public Library of Mount Vernon and Knox County's summer reading program, along with daily reading time. Knox County Head Start and our local community benefit from federal funding to support Head Start (HS) preschool services to 181 children and families, Early Head Start (EHS) services for 60 pregnant moms, infants, toddlers and their families, and Early Head Start-Child Care Partnership services for 16 infants and toddlers (6 weeks to 4 years of age) in ODJFS licensed Type B provider (family child care) homes throughout Knox County. (Funding is based on the 257 available slots; the actual number of children and pregnant moms served in 2017-18 was 364.)

In 2017-2018, funding provided by the Community Foundation of Mount Vernon and Knox County and Federal HS grants enabled an expansion of the Northgate Center with a new full day, full year preschool classroom and a new teachers' office. The Agency continues to appreciate the annual United Way grant that operates on the calendar year (versus the Agency fiscal year of August 1 – July 31) providing support for HS and EHS programs including funding for a child mental health consultant in partnership with Behavior Health Partners of Central Ohio; a health services specialist to support required medical, dental, vision and physical development screenings/follow up and parent education; transportation support for families; food services and support for a third person in village classrooms in Centerburg, Danville and Fredericktown. The United Way grant also funds 16 parent training sessions annually. It provides in-kind match to both the Federal grants and the Ariel Foundation Parent Support Initiative grant which funds Triple P trainings (see page 7 for detail on parent trainings). Additional local grants with detail are listed on the bottom of this page.

### 2017-18 Funding by Revenue Source: \$5,477,655

FEDERAL HEAD START	\$1,797,116	UNITED WAY OF KNOX COUNTY	\$150,302
FEDERAL EARLY HEAD START	\$858,737	COMMUNITY FOUNDATION	\$60,000
FEDERAL EXPANSION	\$261,950	LOCAL FUNDING/REVENUE	\$27,982
FEDERAL EHS-CHILD CARE PARTNERSHIP	\$322,985	IN-KIND	\$827,167
PARENT SUPPORT INITIATIVE	\$220,284	MISC REVENUE	\$49,464
USDA	\$144,685	INTEREST INCOME	\$0
CHILD CARE REVENUE	\$756,983	TOTAL FUNDING	\$5,477,655





\*Other expenses include: volunteer costs, parent services, accounting and legal services, publications/advertising/printing, staff costs (including advertising and pre-employment screenings), training and staff development (including college coursework), insurances (bonding, directors' and officers' liability, and general liability), and interest expense.

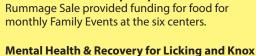
### 2018-19 Federal Budgets: \$3,621,298

	Head Start	Early Head Start	EHS Child Care Partnership	TOTAL
Salaries	\$1,162,378	\$572,243	\$97,839	\$1,832,460
Fringes	\$338,502	\$180,234	\$28,858	\$547,594
Supplies	\$51,728	\$26,243	\$7,605	\$85,576
Occupancy	\$68,168	\$20,745	\$521	\$89,434
Food	\$22,000	\$10,000	\$4,000	\$36,000
Contractual	\$51,368	\$8,731	\$105,411	\$165,510
Travel	\$3,589	\$3,911	\$1,498	\$8,998
Renovation	\$4,000	\$750	\$500	\$5,250
Equipment	\$5,000	\$0	\$0	\$5,000
Training	\$23,899	\$14,068	\$3,889	\$41,856
Other	\$74,043	\$30,449	\$8,423	\$112,915
Total Estimated Funding	\$1,804,675	\$867,374	\$258,544	\$2,930,593
Local Match Funds	\$451,169	\$216,844	\$22,693	\$690,705
TOTAL	\$2,255,844	\$1,084,218	\$281,237	\$3,621,298

### Local Funding Sources for 2017-18

United Way





The Harcourt Parish Episcopal Church 2017

**Counties** provided funds for a six-week Active Parenting for Teens and Parents.

The **Walmart Foundation** through the local Walmart Store and Sam's Club provide generous funding for food and supplies for family events at centers.

**Kokosing Construction Company** provided funding in support of a new dishwasher at the Fredericktown Center.

The **Energy Cooperative Round Up Foundation, Inc.** provided funding for freeezers for the Northgate Center.











The **United Way of Knox County** provided significant funding for Head Start and Early Head Start programs and parent trainings. This funding is an important part of the required 25% local match of federal funding.

**Community Foundation of Mount Vernon & Knox County** provided grants in support of the Northgate Expansion project and the Parent Support Initiative.

The Community Foundation of Mount Vernon & Knox County through the Youth Philanthropy Initiative provided funding in support of children's engagement with technology project.

**Kenyon College** and the **Delta Kappa Epsilon Fraternity** hosted the 27th Annual Shawn Kelly Memorial Holiday Party for Head Start children and their families in Gund Commons on November 28, 29 & 30, 2017.



# Our Thanks!

...to the individuals, businesses, and organizations who have contributed cash, goods, and talents, enabling KCHS to offer quality child care programs to the community and to the over 450 children and families we serve annually.

### Individuals

Andrew Denning April Woodward-Ginther Barbara Kakiris Beau Ferguson Brittany Moreland Bruce Kinzer Dave Chenault **Dennis Nicholls** Don Davis Don Rogan Memorial Doug Trowbridge Dr. Aaron Lerg Dr. Amanda Montgomery Elizabeth Meyer, DDS Evelyn Chalfant, RN Gary Phalen Holly Trask Jarrod Gump Jean Scott Jeremy Wagner Joan & Bill Heiser John Conkle John Elliott Katlyn James Kay Fry **KCHS** Parents KCHS Staff Kent Woodward-Ginther Mark & Marla Kohlman Mary Breece Mento Baawine Michael Farnst Michelle Carpenter, DDS Nathan Talbott Nelson Bell N.J. Burley Nicholas Hull Patrick Lovell **Robert Knox** Sabrina Schirtzinger Shawn Kelly Family Steve Faulkner Steve Mullendore Tami Ruhl, R.D. Thomas Glibert, DDS **Timothy Ewing** TIna Cockrell Tom Lepley

#### Businesses

Alfred Nickles Bakery American Electric Power Brenda Grandstaff, DDS **Centerburg Senior Services** Center **CES** Credit Union ChildPlus ComDoc **Craftsmen For Kids Danville Family Dental** Danville Feed & Supply **Discount School Supply** First-Knox National Bank Gordon Foods Hometown Market InfoLink Technologies Kennon Osbun & Associates **Knox County Dental Kokosing Construction** Lanning's Foods Laura J MacDonald, CPA, Inc. **McDonalds** Morgan Stanley Mount Vernon News Paragraphs Book Store Papa John's Pizza Peoples Bank of Marietta Pirate's Cove Sam's Club Smithhisler Foods State Farm Insurance Co. The Village Market Tim Horton's Walmart Foundation Woodforest Bank



### **Partner Agencies**

American Legion of Danville Ariel Foundation **Behavioral Healthcare** Partners of Central Ohio Centerburg Church of Christ Centerburg Fire Department **Centerburg Pointe** Centerburg Schools Central Ohio Technical College College Township Fire Department Community Foundation of Mount Vernon & Knox County Corporation of Ohio Appalachian Development The Diversity Coalition of Knox County Danville Schools East Knox Schools **Energy Cooperative Roundup Foundation** Faith Lutheran Church Fredericktown Fire Department Fredericktown Schools The Freedom Center of Knox County Friends of Gambier Child Care Gambier Library Gambier Pythian Sisters Harcourt Parish Harcourt Parish Rummage Sale Help Me Grow Interchurch Social Services of Knox County Kenyon College Archon Society Athletic Department Circle K **Crozier** Center Delta Kappa Epsilon Fraternity Epsilon Delta Mu Sorority Football Team Grounds & Maintenance Staff Kenyon Community Service

Artwork provided by Knox County Head Start preschoolers.



An agency supported by



11700 Upper Gilchrist Road, Suite B Mount Vernon, OH 43050 740-397-1344 www.knoxheadstart.org



Kenyon Days of Service Volunteers Kenyon Student – Athletic Association The Kokosingers Office of Diversity, Equity & Inclusion **Owl Creek Singers** Psychology Department The Ransom Notes **Student Affairs Staff** Women's Soccer Team Volleyball Team Kno-Ho-Co-Ashland Knox County Commissioners Knox Community Hospital Knox County DD **Knox County Career Center** Early Childhood Education Nursing Program Knox County Chamber of Commerce Knox County Department of Job & Family Services **Knox County Educational** Service Center Knox County Family & Children First Council **ESC** Committee **Knox County Health** Department Knox County Health Partnerships Knox County Juvenile Courts Knox Area Transit Lakeholm Church of the Nazarene Mount Vernon City Schools Mount Vernon Nazarene University **Mount Vernon Fire** Department **Mount Vernon Police** Department New Directions New Life Church of the Nazarene **Ohio Eastern Star** Pathways of Central Ohio Public Libraries of Mount Vernon and Knox County St. Vincent de Paul School Salvation Army of Mount Vernon SPI Spot The Sanctuary - Danville **Touche Point Family Life** Center United Way of Knox County Village of Gambier Winter Sanctuary Homeless Shelter YMCA of Mount Vernon